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Left Over from Last Time ...

A few clean-up items from the last newsletter. Many people have asked the name of the website with the natural cosmetics – it's Evan's Garden and a link is now on the website (see the Web Links Page). A number of people (thanks!!) have asked for monthly newsletters as opposed to quarterly, so I'm going to give it a go. And a few have suggested topics, so will work those in as well. Thanks to all of you for your very positive feedback! And finally, YES, I am still on eBay, but only doing my usual Friday weekly auctions – the eBay store (where fixed price crystals had been placed) is closed. You can link to the eBay listings from the Topaz Spirits homepage. [Topaz Spirits](#)

The Russian Connection

Featured this month are the Russian minerals, entering the US markets in dazzling diversity, energy and beauty ... the expressions are endless and have opened up an entire new range of uses to the Healer and Light Worker.



The metaphysical crystals available from Russia seem to be coming from two main areas: Dal'negorsk (in far-eastern Asia) and the Urals (along the border between Europe and Asia). Although Dal'negorsk is less well developed, these two areas are both mineralogically diverse and incredibly rich. However, both have mining challenges and are worked only during the times when the weather permits, albeit brief given the climate. Sometimes this means that years pass before the mines can be worked as they are typically of the quarry type and open to the elements. Flooding is extremely common ... and then freezing.

[The Russian Connection](#)



The Urals

The Urals (and the Polar Urals) produce some fine quartz. Unfortunately, until fairly recently, most of it was just tossed aside, to be ground up for watches. But since the interest and the demand in the metaphysical community has risen, the Dodo and Russian Lemurian quartz has again appeared.

You may have heard that the true Russian Lemurians came from the "Blue Angels" mines. This is a story worth telling ... the name arose from a very unusual occurrence. Quartz is piezoelectric, meaning that it produces a current when under pressure ... that's why quartz is used in watches. Many other materials are also piezoelectric ... like tourmaline, apatite (including our own bones) and wintergreen lifesavers (chew one in the dark and you'll see the spark!). As with the lifesaver, quartz too gives off light when its electricity is not channeled elsewhere. So the famous mines really do give off an eerie blue light from the simple movement of the Earth's plates and the shifts caused from temperature cycling. Of course, the miners were convinced that the lights were demons or ghosts and were terrified to work in these areas when the lights were visible. So the owners practiced the fine art of "spin" and renamed the mines the Russian equivalent to "Blue Angels" and told the workers the light came from angelic beings. It worked ... and digging was re-established. The quartz is generally smoky and may have inclusions of fuschite, mica, calcite and a few other minor things.

Further, JaneAnn Dow acquired some of these wonderful quartz, almost literally from the scrap-room floor where they were scheduled to be "ground up" ... she recognized them as a unique type of Lemurian and introduced them to the metaphysical community. JaneAnn passed about a year ago and

her website has been retired, but her words are preserved on "Under the Lemurian Sun". Another famous type of quartz comes from Dodo Mountain, a truly sacred place. This quartz also tends to be smoky but is similar energetically to the Herkimer diamond quartz. However, these are more what I call "Beacon Crystals" – starbraries with a special function of setting up both contact and protection grids all around the world. They may be included by chlorite, fuschite, mica, axinite and a host of others, giving them different nuances of energy.

[Under the Lemurian Sun](#)

Dal'negorsk

From the Dal'negorsk side, we are still learning exactly the depth of the mineral wealth there. Rich in sulfides, Dal'negorsk is known for galena, pyrrhotite, sphalerite and chalcopyrite, ilvaite, hedenbergite, beta quartz, danburite, datolite, fluorite, calcite ... and the list goes on! Some of these crystals are of enormous proportions too, exceeding several feet in size! The energetic properties of each of these is both similar and yet different from say, calcite or fluorite from other localities. Dal'negorsk produces some of the highest vibrations of the mineral realm. Even the grounding crystals have an extra boost! I've found that many are starbrary companions and/or activators, particularly the sphalerite and datolite. In looking through my write-ups detailing the general energies, you will note that a larger proportion of them address change ... accelerating it, easing it, managing it and using it in a positive manner.



Until the Next Time ...

This is just a quick introduction to the Russian minerals and I invite you to visit them on the Topaz Spirits website. And if there's one that interests you and you don't see it represented, please ask ... the stock is large and there's a good chance I either have it or can locate it.

Thanks and enjoy the upcoming All Hallows Eve!

Jan [Topaz Spirits](#)

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